Training Package

GIA TP 01/16

Vehicle Rollover Prevention
Vehicle Rollover Prevention

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Introduction

Statistics available for the road transport industry in the US (all industries, not just industrial gases) indicate that there are approximately 15,000 commercial vehicle roll-overs per year, 58% of these result in driver fatalities, 95% in hazardous material spills and average direct costs of $120,000 per event.

Major industrial gas companies experienced between 25 and 45 rollovers per year, with similar consequences and cost in the years of 2000’s.

The vehicle rollover accident rate has been improved in recent years for the Industrial Gas Companies. However, considering the severe impact, it is still very critical for the gas companies and transportation companies to ensure that they have processes and driver training program in place to reduce the risk of rollovers and other serious vehicle incidents, to avoid any impact on human life and health, material and environmental damages.
Purpose

- Explain the vehicle rollover basics
- Describe the factors that cause vehicle rollover accidents
- Introduce ways to prevent from vehicle rollover
Vehicle Rollover Basics
Rollovers can be categorized into two major types

- Tripped
  - The vehicle leaves the roadway, the tyres sink in soft soil, or the vehicle hits an object such as a guardrail or curb

- Loss of Control
  - Usually consists of speed and/or steering errors
  - **Major factor in heavy vehicle rollovers!**
Vehicle Rollover Basics

- Centre of Gravity (COG)

  - COG is the average location of the weight of an object
Vehicle Rollover Basics

- Forces acting on a vehicle
  - Lateral acceleration = Force that acts from the side of the tractor during movement

- Rollover occurs when torque caused by a lateral force is greater than the torque by G force, i.e. 
  \( h_{\text{cog}} \times F_{\text{lat}} > G \times S/2 \)

- The higher the COG, the easier it is to tip the unit
Vehicle Rollover Basics

- **YAW**
  - Horizontal spin / rotation
  - Instability can lead to rollovers
  - Critical for tractor-trailer combinations

Over-Steering (Jackknife)

Yaw
Factors that Cause Rollover
Factors that Cause Rollover
1 - Roadway Design

- Posted speed limits on ramps and curves for cars but **NOT** for trailers
- **Tight** curves or turns
- **Short** deceleration lanes before exits
- Drainage **ditches** close to the road
- **Steep** drop-offs near edge of road
- Curves with a **negative bank**
- Curves with **poor visibilities**
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- Higher possibility to have a rollover upon curve than straight road when a vehicle accident is involved

* Cargo Tank Roll Stability Study Final Report
2 - Vehicle & Equipment

- Vehicle’s Center of Gravity (COG)
- Stability of the Vehicle
- Stability of the Cargo
- Type of the Vehicle (rigid tanker, semi trailer, tube trailer, ISO container, cylinder truck)
Centre of Gravity

- The higher the Center of Gravity, the easier to overturn the vehicle

- Trailer design to lower the Centre of Gravity of both the vehicle and the load, this improves vehicle stability
The stability of a trailer can be compared to that of a three-wheeled vehicle such as a motorcycle with side car or a lift truck.
Stability of Cargo

- Liquid Slosh

  - Movement of liquid from one side of a tank to another side
Stability of Cargo

- Surging Liquid when Braking

➢ When applying the brakes and turning, the liquid surges to the front and to the outside of the turn, **forcing the rear of the tractor in a straight line**!

Unlike a car, a trailer will rollover before it skids!
Stability of Cargo

- **Surging Liquid When Turning**
  - Slosh occurs in a partly filled tank when in a turn
  - Surging liquid will create a sideways force which lifts the semi-trailer from the road and can easily turn it over
  - The effect is multiplied in S-bends and roundabouts. In a series of turns, by the third turn or curve the liquid will move back to the first side, and can now be in phase with the vehicle's movement to cause a turnover (if the speed is sufficient)
  - Modern tractor/trailer combinations isolate the driver from the “forces at work”, giving very little feedback about dangerous conditions
<table>
<thead>
<tr>
<th>Profile</th>
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</table>

- Higher Possibility with Tank
- Grade Road and Hillcrest have more likelihood

*: Cargo Tank Roll Stability Study Final Report
Stability of Cargo

- Load Distribution
- Load Capacity
- Load Securement
Safety Culture
Safety Culture

- Do journey plans include all hazards on the route? Route selection based on the risk assessment Vs Distance transported? How about the Cross-country track?

- Are journey plans updated with changing traffic patterns, customers, and so forth?

- Is there specific regulation on driving at night?

- Does the driver follow the journey plan? How to track the actual Vs planned?

- Are the principles of behavior-based safety implemented?

- Are messages about safety ambiguous?

- How is the driver training conducted?
Poor Vehicle Maintenance

Poor maintenance issues may lead to rollovers. These may include:

- Under or over inflated tires reduce truck handling
- Incorrect brake adjustment and improper balance between tractor and trailer brakes
- Poorly adjusted and worn suspension components
Vehicle Operation / Driver Behaviours
Rollover Causes

- Trailer high centre of gravity contribute to rollovers but are not the cause

- Detailed studies within the industrial gases industry indicates that the major causes for rollovers are **excessive speed, lack of control, driver fatigue and error in judgment** *

- Rollovers can initiate also at **relatively low speeds** …

*: EIGA Safety Newsletter SAG NL 88/09/E
Vehicle Speed and Cornering

- As the speed increases, the trailer tracks wider and forces increase on rear axle
- **If you double your speed**, the overturning force will be four times higher!
- If the driver takes evasive action these forces are further multiplied
- The moving liquid will cause a rollover!
The Effect of Road Camber

- On a properly cambered turn, at the design speed, the centrifugal forces and the gravitational effect will be equal.

- At speeds **below the road design speed** at a road camber, the forces will not be in balance, and hence there will be a tendency to roll into the turn.
Sudden Maneuvers

- Sudden maneuver may occur when:
  - Driver is forced to brake and suddenly turn
  - Driver attempts to return to the road after drifting off of the pavement
  - Follow too closely and sudden stop while turning to avoid contact
Prevent from Vehicle Rollover
Select travel routes that are best suited to the type of vehicle and loads being driven in order to avoid adverse road conditions, such as sharp curves and steep grades that make rollovers more likely to occur.
Avoid Sudden Maneuvers

- Avoid the need to turn sharply to miss an obstacle
  - Leave yourself plenty of clear vision ahead
  - Maintain a “Space Cushion” (distance between your vehicle and other traffic)
  - Plan an escape route
  - If you can’t see a clear safe exit, slow down and increase your following distance
  - If you do have left the paved surface, DON’T swing back sharply
  - If a rollover appears imminent, attempt to straighten out the vehicle and bring it to a gradual stop, even if it means driving off the pavement.

- Avoid over-steering, over-accelerating and over-braking
Prevent from Distraction

- Driving is a full time job, keep your attention on the road and the area ahead
- Focus on the tasks at hand
- Don’t be distracted by things that happen or things you see either inside or outside the cab
  - Secure loose objects in the cab.
  - Ignore external distractions e.g. advertising signs.
- Always maintain the big picture and you’ll allow enough time to react
Prevent from Fatigue

- As a professional driver you are expected to be **FIT for Duty** to drive
- Get sufficient rest before you commence driving
- Observe the Driving and Service Hours Regulations in your Company
- Stay alert
- If you feel drowsy, **STOP!** For your own safety and the safety of the other drivers.
- Nothing cures fatigue but sleep
Utilize the Smith System for defensive driving

When upon the curves, ramps …

- Slow down before entering turns, curves, exit ramps and winding roads, as a recommendation:
  - At least 10 km/h below the posted advisory limit, OR
  - 10 mph (15 kmh) on curves, exit ramps and winding roads having no posted speeds

- Don’t shift in the curve

- Look at both the speed limit sign and check your speedometer before you come to the curve

- Do not judge your speed by what it feels like, you will probably be wrong

- Don’t assume the route is safe because you have driven it before!
Don’t park near any ditches or roadside excavations, including:

- Soft shoulders
- Sloping surfaces
- Water-logged surfaces
- Embankments
Vehicle Maintenance Checks

To prevent the risk need check for the following:

- Tire pressures
- Tire tread depth
- Incorrect brake adjustment
- Incorrect brake balance.
- Loose/worn suspension components.
- Cracked spring leaves.
- Deflated or damaged airbags
Vehicle Design to Reduce Rollover

- Minimize (lower) vehicle’s center of gravity
  - Lower tractor’s 5th wheel
  - Lower Chassis
  - Lower Piping …

- Maximize the width of the axles

- Provide liquid tankers with baffle plate against liquid surge

- Equip vehicle with designs to improve vehicle stability and technology to prevent overturns
**Vehicle Stability System**

- ABS - Anti-lock Brake System
- EBS - Electronically controlled braking system
- EBS = ABS + LSV + RSS + CAN
  - LSV - Load Sensing Valve
  - RSS - Rollover Stability System
  - CAN - Controlled Area Network

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*Information resource: Wabco, Haldex*
Vehicle Stability System

Roll Stability Support (RSS) for Trailer

- Part of ESP for the whole Truck / Trailer combination when the Tractor and Trailer have EBS systems connected

- Designed to reduce roll-overs, jackknifes, spin outs, and drift outs

- Systems monitor vehicle center of gravity, lateral acceleration, wheel speed, steer angle and yaw rate

- Does not require driver intervention – systems automatically activate and de-activate

*: Video Resource: Wabco Holding Inc.
Driver’s Are the Key!

- Vehicle Safety Technology can help in avoiding a rollover. But they are not the “Magic Bullet”, they do not replace the driver!

- Drivers control vehicle speed

- Drivers control turning techniques

- Drivers anticipate minimizes need for sudden braking, anticipation reduces the needs for sudden maneuvers

- NO complacency

- Apply the defensive driving skill, stay alert, remain in control
Reference

- EIGA Safety Newsletter SAG NL 88/09/E
- Cargo Tank Roll Stability Study Final Report - Prepared for the United States Government by Battelle